

# OUR FUN IN 2025



# 2026 GIRLS BOX LACROSSE PROGRAM



A busy fall, my favorite 2025s are off to college. My daughter Taylor (bio) at Loyola started off fall ball slow but found her stride and finished off her last few games strong. She had a bit of hiccup on her journey with a knee injury, she will return to play next year. For my nephew Treysen (bio), it's no easy task joining the defending D1 NCAA champs, but in terms of comfort, there's no NCAA program more accommodating than Cornell to box players. Both are in the right spot.

If you're new to box, it's a super fun way to play the game and the very best way to get better at lacrosse. Some coaches say 'exposure' is the most important tool in the recruiting process, I say it's skill. The ability to pass, shoot, dodge, play with motion and confidence is what opens doors. Box develops those skills better and quicker than anything else. It's basic math, with half the players, a quarter of the size field, smaller goals and a shot clock you have no choice but to be engaged, develop your IQ and get better at every single box event.

I would love to say there's hundreds of girls box programs in the USA but I'd be lying. The sport is new, no one knows how to coach it, it's expensive to start playing and parents new to the game just don't know enough about it to sign up.

But for the girls that do choose to play with us, I am always so proud, but never surprised to see these players excel at the collegiate level. Sophia Donovan (bio), with a NLL goalie dad, the first Cali\*Lax ALL-STAR had a great career at USC.

These Cali\*Lax ALL-STAR girls deserve a special shout out for what they did last year in the NCAA

- Krya Hawk (Smith College D3 - led her team in points and goals as a freshman 61G/86PTS)
- Shae Hagans (Jacksonville D1 - led her team in goals as a freshman 34G/41PTS)
- Arianna Covarrubias (Chapman D3 - 1st Team All-League, Defender of the year)

### Girls Commitment Level for Cali\*Lax ALL-STARs

It's just 3 tournaments and 3 training camps in the calendar year. Be there for all of it and get a lot better!

### Trevor Wingrove Coquitlam, BC (optional)

This is the biggest test of the calendar year playing box in Canada. We bring in two great D1 coaches to help. Jacksonville Associate Head Coach and JMU National Champion Haley Warden and Rutgers Assistant Coach, Team USA player and 5x All-American at Loyola Livey Rosenzweig. We have space for just ten U15 and ten U17 girls. We'll pick the team from how you do in the Western Regional in Arizona.

### BC Tour (optional)

Last year we had 5 girls on the tour....don't feel bad - that's tied for the most ever! It does take a certain type of girl to do this as the girls are mixed in with the 60 boys for 5 intense days of Canadian box lacrosse. Some of the best box coaches in the world plus USA's top box player Jack Hannah (bio) coach it. If it means anything, three girls who have done great up in BC with us are USC's Sophia Donovan, 2025 Inside Lacrosse Top 100 Loyola's Taylor Santos and 2025 Inside Lacrosse Top 100 Navy's Angelina 'Cheeto' Price (bio).

We hope you'll join us in 2026,

Thank-You

Shaydon Santos  
12 YR NLL PRO  
World Champion



# 2026 GIRLS BOX LACROSSE PROGRAM



# PLAY BOX

SAN JOSE, CALIFORNIA



# 2026 GIRLS BOX LACROSSE PROGRAM

2026 Cali*Lax ALL-STARS GIRLS Full Schedule					
Start Date	End Date	Event	Price / REGISTER	Age Group	Location
2/7/2026	2/8/2026	Winter Box Training Camp (11:30am-2:30pm)	Included in Registration	GIRLS 2026-2029, 2031/2030	The Plex, San Jose, CA
2/13/2026	2/13/2026	ASU International Sixes and Clinic 6-9pm	6-9pm *optional (\$125)	GIRLS 2026-2029, 2031/2030	Sun Devil Stadium, AZ
2/14/2026	2/16/2026	Western Regional Championship	Included in Registration	GIRLS 2026-2029, 2031/2030	Phoenix, AZ
5/28/2026	5/31/2026	Trevor Wingrove Memorial Tournament (Coquitlam BC) - Top players from Western Regional will be invited to participate	w/ Haley Warden/JMU (Jacksonville Assistant Coach) and Livy Rosenzweig/Loyola (Rutgers Assistant Coach)	GIRLS 2026-2029, 2031/2030	Coquitlam, BC
6/21/2026	6/26/2026	BC Tour Overnight Camp (4 day overnight camp)	*optional Training Camp (\$1295)	GIRLS 2026-2029, 2031/2030	Burnaby, BC
7/27/2026	7/29/2026	Summer Box Training Camp 1	3 x 9am-3pm Day Camp, Included in registration	GIRLS 2026-2029, 2031/2030	Alameda, CA
7/31/2026	8/2/2026	Western Box Lacrosse Championship	Included in Registration	GIRLS 2026-2029, 2031/2030	The Plex, San Jose, CA
8/23/2026	8/23/2026	Summer Training Camp 2	1 x 9am-3pm Day Camp, Included in registration	GIRLS 2026-2029, 2031/2030	The Plex, San Jose, CA
9/5/2026	9/7/2026	United States Box Lacrosse Championship	Included in Registration	GIRLS 2026-2029, 2031/2030	Columbus, OH

GIRLS Full Schedule - by Program and Registration Links					
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2/14/2026	2/16/2026	Western Regional Championship	Included in Registration	GIRLS 2026-2029, 2031/2030	Phoenix, AZ
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7/31/2026	8/2/2026	Western Box Lacrosse Championship	Included in Registration	GIRLS 2026-2029, 2031/2030	San Jose, CA
8/22/2026	8/23/2026	Summer Training Camp 2	1 x 9am-3pm Day Camp, Included in registration	GIRLS 2026-2029, 2031/2030	Alameda, CA
9/5/2026	9/7/2026	United States Box Lacrosse Championship	Included in Registration	GIRLS 2026-2029, 2031/2030	Columbus, OH

			\$1750 >>>REGISTER HERE<<<		
<b>Optional</b>					
2/13/2026	2/13/2026	ASU International Sixes and Clinic 6-9pm	6-9pm *optional \$125 >>> REGISTER HERE<<<	GIRLS 2026-2029, 2031/2030	Sun Devil Stadium, AZ
5/28/2026	5/31/2026	Trevor Wingrove Memorial Tournament (Coquitlam BC) - Top players from Western Regional will be invited to participate	w/ Haley Warden/JMU (Jacksonville A.Coach) and Livy Rosenzweig/Loyola (Rutgers A.Coach) \$395 Registration for Selected players	GIRLS DOB 2010/2011 and 2012/2013 (DOB ONLY FOR THIS EVENT)	Coquitlam, BC
6/22/2025	6/27/2025	BC Tour Overnight Camp (4 day overnight camp)	*optional Training Camp (\$1295) >>>REGISTER HERE<<<	GIRLS 2026-2029, 2031/2030	Vancouver, BC

